



**Therapeutic Activation Program for Seniors
TAPS Day Program - Registration Required**

**2024 Spring Annual Newsletter
CONNECTION - PARTICIPATION – FRIENDSHIP**

PO Box 187, 404 22nd Ave. S, Creston BC, V0B 1G0
Phone (250) 428-5585 Fax (250) 428-5175

Thank you for your support in 2023!

The contributions of our donors, and volunteers continue to positively impact our community one senior and one family at a time. Since 2006, TAPS has operated under the auspices of Valley Community Services (VCS) serving seniors who wish to remain independent while benefiting from support. TAPS is one of many programs provided by VCS.

Thanks to the staff, administration and the Board for their ongoing guidance and support.

The wife of one of our TAPS participants brought in several rolls of an old favourite candy, "Lifesavers" to distribute to the staff and volunteers as a thank you. She said, "You have saved my life, you are Lifesavers".

TAPS serves 68 seniors with an average age of 86, including Thelma, one of our participants who is 102. They are supported by 40 volunteers, ranging in age from 25 to 88 years. 2023 was a fruitful year and 2024 is off to a busy start with new participants, volunteers, 6 staff and a long waiting list. Our monthly schedule continues to be flexible and designed to suit diverse interests and abilities. We served and delivered lunch, provided transportation, did yoga, played games, went shopping, did art, played music, went on outings and more. We celebrated birthdays and special events and just spent time visiting with friends. We held Volunteer Appreciation and Donor Luncheons and were by visitors such as the Blossom



Always Something to Celebrate



Marge, Thelma, Jim, & Maureen



Ellen



Canyon Park Outing

Valley Singers, Monte Anderson, Kokanee Brass, the Goat River Boys and Lynn Hopcraft. We learned from Tammy Bradford with Museum presentations, and were cared for with on-site visits with Carey, our Paramedic.

2023 ACKNOWLEDGMENTS

Community and Donor Contributions

Augmented Ongoing Funding.



Some of the attendees at our Annual 2023 Donor Tea Wendy Garland (TAPS), Justine Keirn (VCS), Walter Morse (Knights of Columbus), Jon Jackson (RDCK), Wendy Murdoch and Ken Miller.

In 2023 contributions to our program included direct program support: financial, food, partnerships, collaborations, and advocacy. Financial support was also received from individual donors, businesses, government and community funders. Donations have been made to our Legacy Fund, often in memory of loved ones. For more information contact VCS at www.valley.services, or 250-428-5547. The website is also a source of information on the TAPS program and other resources. Valley Community Services publishes an Annual General Report available in June.

Funders

United Way of BC, BC Gaming Commission.

Donors

Individuals, Creston Valley Gleaners Society, Trinity Thrift Shop, The Tuck Shop, The Royal Canadian Legion Branch 29 Meat Draw and Poppy Fund, Canfor Employees, Sally Malner (Legacy Fund), in honour of her husband Rudy, Creston Valley Seniors Association.

In Kind

Creston Valley Advance, Harris Dairy, MESH food program, Better at Home, Creston Museum Tammy Bradford, Gary Smith Yoga and musicians Lorraine Smith, Tom Browne and Jim Daniels.

Partners-Collaborators

Cresteramics Society, Nikkyl Place, Rebekah Manor, Creston Museum, Erickson Kindergarten, Family Place Neighbourhood House, and the eleven organisations that participated in our 2023 TAPS calendar.



More Celebration



Morning Coffee Chat